

10 November 2020

Dear Parents/Carers

Please find a revised copy of the letter issued to you yesterday (9.11.20) to further clarify the actions to follow after receiving a **negative test result**.

This revised letter is split into two sections:

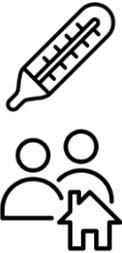
Section A: If you **have** been in contact with someone that has tested positive for Covid 19

Section B: If you **have not** been in contact with someone that has tested positive for Covid 19

Section A:

IF YOU HAVE BEEN IN CONTACT WITH SOMEONE THAT HAS TESTED POSITIVE FOR COVID THE FOLLOWING GUIDANCE APPLIES AS TAKEN FROM THIS LINK:

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/nhs-test-and-trace-if-youve-been-in-contact-with-a-person-who-has-coronavirus/>

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|  | <p>If anyone in your household has coronavirus symptoms, they must stay at home and away from other people.</p> <p>This means that you and all the other people who live with them must stay at home for 14 days, too.</p> <p>Most people who have coronavirus just feel a bit poorly for a week or so, but if you:</p> <ul style="list-style-type: none"> • have a new cough that doesn't go away • keep feeling hotter than normal • can't taste or smell things like you normally would <p>Ask for a test by going on the internet at NHS.UK or by phoning NHS 119.</p> |
| <p>You must still stay at home for the full 14 days even if you get a test result that says you do not have coronavirus.</p> <p>You must not go to work or send your children to school while you wait for the test results.</p> | |
|  | <p>If you have been in contact with someone who has tested positive or if you are told you have been close to someone who has tested positive:</p> <p>You must stay at home and away from other people for 14 days. This means you must stay at home for 14 days after the last day you were close to the person who has been told they have the coronavirus.</p> <p>If you do not have symptoms you do not need to have a test, but you must still stay home.</p> <p>If you do not have symptoms, other people who live in your house do not have to stay at home with you.</p> |

Section B:

IF YOU HAVE **NOT BEEN** IN CONTACT WITH SOMEONE THAT HAS TESTED POSITIVE FOR COVID 19 THE FOLLOWING GUIDANCE APPLIES AS TAKEN FROM THIS LINK:

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/what-your-test-result-means/>

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|   | <p>If you had a test because you had symptoms, you and anyone you live with must stay at home until you get your result.</p> <p>Anyone in your support bubble must also stay at home until you get your result if you've been in close contact with them since your symptoms started or during the 48 hours before they started.</p> |
| <p>You do not need to self-isolate if your test is negative, as long as:</p> <ul style="list-style-type: none"> • everyone you live with who has symptoms tests negative • everyone in your support bubble who has symptoms tests negative • you were not told to self-isolate for 14 days by NHS Test and Trace • you have not travelled to the UK from a place with a high coronavirus risk • you feel well – if you feel unwell, stay at home until you're feeling better <p>If you have diarrhoea or you're being sick, stay at home until 48 hours after they've stopped.</p> | |

As previously stated, if you are in any doubt over what to do then please use **nhs.uk** or call **119**

Yours faithfully,



Chris Hill
CEO